

West Ranch Track and Field 2017  
Athlete Code of Conduct Contract

1. I understand that competing for West Ranch High School is a privilege, not a right. I will represent my school and my team with the utmost integrity and dignity.

Initial: \_\_\_\_\_

2. I understand that competing is not guaranteed, and that it is fully at the discretion of the coach.

Initial: \_\_\_\_\_

3. I understand that my role as an athlete is to compete to the best of my ability, give 100 percent effort during training and track meets, and attend all practices. This includes listening to and following instructions in regards to training at practice as well. My job is not to coach or argue with any decisions made by the coaching staff.

Initial: \_\_\_\_\_

4. I understand that using social media (Facebook, Twitter, and Instagram) to express negative views about the school, track and field program, teammates, and coaching staff is prohibited, and can result in punishment.

Initial: \_\_\_\_\_

5. I will not communicate any concerns, questions, or comment on any decision made by the coaching staff until after 24 hours have passed. When I do so, it will be in a mature and respectful manner.

Initial: \_\_\_\_\_

By signing below, I acknowledge the expectations outlined in this code of conduct, and will abide by all rules. Failure to do so can result in punishment ranging from suspension from practice, suspension of track meets, and expulsion from the program.

Player Name: \_\_\_\_\_

Player Signature: \_\_\_\_\_

Head Coach's Signature: \_\_\_\_\_

Coach's Signature: \_\_\_\_\_

Athletic Director's Signature: \_\_\_\_\_